NEED HELP?

LET’S MAKE MENTAL HEALTH A PRIORITY
HERE IS A LIST OF CONTACTS WHO ARE HERE TO TALK

Saint Regis Mohawk Tribe
Mental Health Services
Monday - Friday | 9:00 a.m. - 5:00 p.m.
(518) 358-3145

Mental Health Services After Hours Crisis Center
(518) 651-4475

Citizens Advocates Crisis and Recovery Center
Malone, NY
24-hour walk-in behavioral clinic
(518) 481-8160

National Suicide Prevention Lifeline
24-hour hotline
1-800-273-8255

Crisis Text Line (USA)
24-hour hotline
Text “GOT5” to 741741

IN THE CASE OF AN EMERGENCY, DIAL 9-1-1