

Featured Programs

Nutrition &
WIC

Family
Support

Facilities
Management

Academic
Honors

Kawennì:ios



Diabetes Center for Excellence Opens



Business Feature

Turtle Island Promotions

By Jenna Herne, Economic Development

Turtle Island Promotions is a small business owned and operated by Dwayne Thomas. The operation began serving Akwesasne in May of 2012 with the mission of creating a customer base expanding beyond our territory within three years. Dwayne emphasizes the need to have excellent service and a quality product to promote growth and economic development efforts where he and his wife Courtney live, work and raise their family.

The company approach to partnering with new clients is based on personal interaction to understand business needs and develop customized marketing collateral and promotional products designed to reach your intended audience.

Turtle Island Promotions has graphic design expertise in-house to create logos and ensure integrity of artwork used on promotional items. The tax-free status of products is an advantage for our region; the team has the capacity to create tailored

products. Our most purchased products include pens, magnets, banners and calendars.

Dwayne serves the community as a small business owner, President of the Akwesasne Chamber of Commerce, Akwesasne Minor Lacrosse Coach

and member of the Massena Chamber of Commerce. Dwayne and his wife Courtney work together to connect business and family. Business expansion is imminent, and the new location will be opening at 60 Hart Road in the spring of 2014. Turtle Island Promotions is in the process of becoming a minority certified small business. Employment opportunities are available, and applications for sales, web design and clerical staff are being accepted.

We welcome you to view Turtle Island Promotions online, www.turtleislandpromotions.espwebsite.com. Find us on Facebook or call us at 518-521-7834.



Promotional Products

Back to School - Back to the Beach - Bags & Totes - Breast Cancer Awareness - Campus Store - Cold & Flu Prevention - Company Picnics - Company Store - Computer Accessories - Customer Favorites - Desk Accessories - Drinkware - Eco-Friendly - Employee Recognition - Employee Wellness - Fan Appreciation, Food & Drink - Fundraising - Golf Tournament - Health & Fitness - High End Gift - Holiday Gifts - Holiday Party - Incentive Trips - Party Favors - Patriotic Products - Political Campaigns/Rallies - Real Estate - Restaurant Opening - Safety Fair - Sales Incentives - School Fairs - School Items - Teachers - Technology - Tradeshow - Gifts - Writing Instruments ◇

Good Words of Welcome



Shé:kon Akwesasne!

It is my pleasure to do the opening for this edition of the *Kawennì:ios* newsletter.

Akwesasne is a burgeoning community experiencing rapid growth. The fundamental unit of any society is the family, from which all else grows, blossoms and flows. While family growth is of positive significance, many people are forced to relocate off of our territory due to lack of available land. It is of primary importance that we expand our land base. Fortunately, we have an opportunity to do so.

Thirty years in the making, and through the efforts of many people, the Saint Regis Mohawk Tribe is on the precipice of a settlement agreement that would not only restore and enhance our land base, but also secure access to higher education through a waiver of tuition and administration fees forever to our most valuable resource, our people. In addition to land and tuition, a power and monetary component are contemplated. Given the era of poor legal precedent and the recent rulings in our case, we are pleased to be able to have preserved most of the essential terms from the previous 2005 agreement.

It is important to remember that within the context of a court case regarding land rights/claims the end result of a successfully litigated case resolved in our favor would be a monetary award only, based on loss of use. I do not believe that this result was ever contemplated or regarded as being a positive resolution to this land rights litigation. The desired end result was always a return of wrongfully taken lands. A settlement agreement would accomplish that end, in addition to other components that are beyond the capabilities of any court to award. It is my sincere hope that we can sign and implement a settlement package that will benefit all of Akwesasne.

Members of Council, including myself, have travelled to Washington D.C. to lobby members of Congress to address concerns affecting *Akwesashró:non*. Issues addressed include implementing legislation regarding the upcoming and imminent land rights settlement agreement, border crossing issues and environmental issues regarding the GM clean-up. We are and will continue to make a concerted effort to engage in proactive efforts to elevate our major concerns at the state and federal levels. *Niawen:kowa!*

Eric Thompson, Sub-Chief

On the Cover: *Brian Murray – USDA Northern Regional Area Director, Emily Lauzon – Akwesasne Mohawk Casino Resort and Retha Herne – Akwesasne Housing Authority Stand with Heather Garrow and Staff as she Cuts the Ribbon to Officially Open the New Diabetes Center for Excellence on Wednesday, February 12, 2014.*

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Allyson Doctor, Director of Communications
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Alyson Cole, Production Assistant

Solid Waste Management

Protecting Your Health and Preserving the Environment

By Les Benedict, Assistant Director, Environment Division

Did you ever wonder about where your "trash" goes? Some in your household may not think beyond the trash can while others might think the process a bit further and find that the "trash man" picks it up.

But, what about after the "trash man" picks it up, what happens to it then? What would happen if the "trash man" didn't show up, for one week, for one month, forever? If this happened it wouldn't take you long to figure out that it shouldn't be hanging around very long because it will get pretty smelly. Thankfully, there is a community program and people who do worry about what happens to the trash and makes sure it is put in the right place. After all, your health depends on it.

Waste when improperly disposed of, such as in open dumping, promotes diseases by providing an environment for rodents and insects to thrive. Rodents and insects carry diseases that are directly transmittable to people, making them sick. The most notable of these diseases is the plague and is transmitted when bitten by fleas that live on rats.

Waste when burned produces smoke with toxic compounds that are known carcinogens. Open burning not only affects your neighbors it affects you and your family as well. Some of the compounds released during burning include benzene, toluene vinyl chloride and the potent cancer causing agent dioxin. "Average residents of North America carry 7 to 9 ng/kg in their bodies now...

for an adult human to get a dose of aspirin equivalent to the dose of dioxin that harms the mouse immune system, you would have to divide a single aspirin tablet into 470,000 pieces (nearly half a million pieces) and eat only one piece"(<http://www.ejnet.org/rachel/rehw414.htm>).



Open dumping impacts wildlife too. Wildlife become entangled in materials and suffer sores and lesions. They are unable to free themselves from materials, lacking the hands to do so. They mistake materials for food and ultimately suffer a long and excruciating death when their digestive system becomes blocked. Contaminants affect their ability to breed and causes birth defects in their young.

So, we can all (well, most people) will agree that open dumping and burning trash is not a good thing if you and your family want to have a happy and healthy life. The Tribe's Solid Waste Management Program is a resource for you and the community to use in making decisions about managing your solid waste. The Tribe's Solid Waste Management Program is all about what happens to your "trash" after it leaves your home.

Currently, the Solid Waste Program operates a transfer station that is open six days a week from 7:30 a.m. to 2:25 p.m., *Wetentawén'kie'*/Monday through *Wentákta'*/Saturday. Please contact the Solid Waste Program at 518-358-4632 for information about services and fees. ♦

The benefits of the Solid Waste Program include:

- Protection of human health through proper disposal
- Reduction of cancer risk by eliminating open burning
- Reduction of rodents and pests by eliminating open dumping
- Protection of wildlife
- Placing materials in their rightful place through recycling or land filling
- Convenient, cost effective weekly household trash removal services
- Roll-off bulky bin service
- Commercial waste disposal services
- Free recyclable disposal drop off
- Free battery disposal
- Free E-waste disposal
- Free refrigerator drop off
- Free waste service analysis

AG Discovery Camp

A Great Learning Opportunity for Akwesasne Youth

By Bob Miller, USDA

Greetings to the Akwesasne Community. My work sometimes involves partnering with the Saint Regis Mohawk Tribe on issues relating to invasive species such as the “Emerald Ash Borer” (EAB). I have a good working relationship with the Saint Regis Mohawk Tribe’s Environment Division and have done some projects with the Akwesasne Boys & Girls Club. Last year, I participated in the Akwesasne Earth Day celebration and my daughter came with me to share in this day. We are all members of Mother Earth’s people and our youth is our future! I believe that having a balance of traditional Native American wisdom and a working knowledge of the sciences makes for great leaders. This is why I am encouraging Akwesasne youth who are from age 14 to 17 apply as candidates for this year’s upcoming AgDiscovery Camp. The AgDiscovery Program is sponsored by the USDA and is a two-week hands-on learning camp that is held in the summer time at the North Carolina State University at Raleigh, N.C. The candidates selected will work with college professors and USDA professionals on agricultural science related projects. Room and board at the college dorms are provided, as well as all learning tools. These teens will also go on educational field trips while there. The only cost to selected candidates will be transportation to the school and then back home when the program ends. The Saint Regis Mohawk Tribal Council has expressed interest on helping to assist with these transportation costs. The selected students will also get the opportunity to meet, learn and work with other youth from other areas and diverse backgrounds. At AgDiscovery camp,

students get to learn about careers in the agricultural sciences. This rewarding learning experience might foster an interest for an Akwesasne teen to continue after high school and further continuing with their studies of a major in one of the areas of science. Such a degree could be even help with a career working for the Tribe, perhaps in the Tribe’s Environment Division.



Students Retrieving an Emerald Ash Borer Purple Trap

AgDiscovery Camp will be held at NC State University at Raleigh, N.C. from June 16 to June 27, 2014. Applications must be postmarked by March 31, 2014. Apply online at: www.aphis.usda.gov/agdiscovery. Questions can be submitted to: agdiscovery@aphis.usda.gov or call 301-851-4199. The link to brochure and full information is: http://www.aphis.usda.gov/publications/aphis_general/2014/bro_ag_discovery_2014.pdf.

If you still need assistance regarding AgDiscovery, you can contact me at 518-297-3685 or

send me an email at: Robert.f.miller@aphis.usda.gov.

1. An interested candidate must complete an application form.
2. Write a two page essay entitled "Why I Want To Attend The AgDiscovery Program"
3. Obtain three character reference letters from people not related to you who know you well. At least one of these letters must come from a teacher or counselor. References must submitted in a separate sealed envelope.

Please consider taking advantage of this great learning opportunity! ♦

Cleaner Air, Better Health, Choose CARPET!

By Angela Benedict, Air Quality Program Manager

You've got to be kidding. For years the experts have said if your kid has asthma, get rid of the carpet. Carpet is bad. Now they say *KEEP* the carpet? Just make sure your vacuum is Green Label approved through the Carpet and Rug Institute (CRI). So I found out they have this seal of approval (SOA) program for vacuums. You can go on there and see if your vacuum is a green label vacuum, but I caution you, this is not the only website that certifies vacuums. I have heard Dyson makes the best vacuums but they are not a certified green label vacuum. They are however *Asthma & Allergy Friendly Certified*. I don't know what the difference is but you can decide whether your vacuum is good enough for what you need it for.

Back to carpet...so why now is carpet ok for people with asthma and respiratory illnesses. Well, as it turns out, there is no scientific research that shows any link between carpet usage and asthma and allergy incidence. Yeah, that kind of freaks me out too. But if you think about it, I can see it (sort of). Carpet is a magnet for particles. It helps filter them out of the air and the particles stick to the fibers. When you have uncarpeted areas the particles have nothing to stick to so they become airborne adding to your exposure. It also comes

down to the cleaning habits of the people that live in the home. Some people out there vacuum weekly or daily. Some vacuum when they have to. That's me. And some people are like "What's a vacuum?" Just kidding.

Some of the manufacturers that are green label vacuums are: Oreck, Hoover and Simplicity. The vacuum cleaners certified asthma and allergy friendly are Dyson and Kenmore.

So back to the carpet stuff again. I haven't really found any information if any type of carpet is better than another. I think it just matters how clean you keep it. The other thing you have to think about is the under cushion and the volatiles (VOCs) coming out. The cushion or under carpet is tested for VOCs. You can ask to be sure the

VOC in the under cushion and carpet are low when you purchase it. The carpet itself may also release VOCs but it is a relatively small amount and dissipates very quickly, especially with windows and doors left open.

So there, you have a little more information. It's really your choice on whether you want carpet or no carpet. Bare floors leave the particles exposed where the carpet traps them. So for now and the next seven generations, let's have cleaner air and better health! ♦



*Clean Carpets Can Be Better Than Hard Floors For
Asthma and Respiratory Illness Sufferers*

Nutrition & Women, Infants and Children's Programs

Health Services Program Feature

By Lauren Smith, Nutrition Program Manager & WIC Coordinator

The Nutrition Department at IHS is off to a busy start in 2014 with a variety of nutrition education programs. Community locations that benefit from the Nutrition Department include, Office of the Aging, Head Start, IRA homes and Partridge House. We also have worked with sports teams interested in learning about proper nutrition before, during and after a game.

At the Office for the Aging, we are currently holding a "Nutrition Land" game, which keeps track of those who attend nutrition bingo, nutrition education and vitals each month. Points are awarded for attendance as well as other completed "tasks". We are always looking for new topic ideas or games to play. Menu analysis is conducted on a monthly basis. Seniors are welcome to make suggestions at any time to the Nutrition Department to be discussed with kitchen staff.

At EDCP, we work with five different preschool and Head Start classrooms on the importance of healthy eating and staying active. We discuss a variety of topics, such as eating a variety of fruits and vegetables, "everyday" and "sometimes" foods, and MyPlate. Lessons for the upcoming months include taste testing fruits and vegetables, growing their own vegetables (mini gardens) and cooking classes. We also conduct menu analysis on a regular basis. EDCP staff and parents are welcome to contact us with any questions or concerns.

The Nutrition Department also visits Partridge House and IRA homes for nutrition lessons and games depending on need and request. We welcome referrals from doctors or self-referrals for nutrition consultations at the office or a place of interest. If interested in an appointment please call 518-358-3141 ext. 131.

The Women, Infants and Children's Program (WIC) continues to promote breastfeeding by providing support, equipment and supplies. WIC

also provides supplemental nutrition food packages to qualifying participants. To apply for WIC, you must be a New York State resident, have a qualifying income and meet the category requirements, which are pregnant, breastfeeding, postpartum, infant or children up to age five.

Please contact Leigh-Ann at 518-358-3141 ext. 133.

Our Breastfeeding Peer Counselor, Tricia Herne, is an excellent resource for breastfeeding issues. She is available to do office, hospital and home visits at times that are convenient for you. You can contact Tricia at the number above or akwesasnemilkbabies@gmail.com.

The Nutrition Department at IHS strives to meet the needs of the community to the best of our ability. We welcome suggestions, questions or nutrition-related program ideas. ◇



SRMT Opens the Diabetes Center for Excellence

By Allyson Doctor, Director of Communications

The Saint Regis Mohawk Tribe and Health Services presented the Grand Opening of the Diabetes Center for Excellence on Wednesday, February 12, 2014 from 2:00 to 6:00 p.m. The Diabetes Center for Excellence is a community tribute to the future health and wellness of Akwesasne. The vision behind the structure was to have a home for specialized services focusing on prevention and diabetes management. The vision of many is now a reality for Akwesasne. Diabetes affects 16 percent of our Mohawks living on the territory, as compared to a state prevalence of eight percent. The Let's Get Healthy Program offers family-based education programs in fitness, diabetes health, nutrition and prevention. "Engaging the community in the promotion of a healthy lifestyle is the mission of the Diabetes Center For Excellence", states Heather Garrow, Program Manager. Guests of the ceremony were honored to have Sub-Chief Eric Thompson give the Thanksgiving address in the Mohawk language. The ceremony was complete only after an incredible performance by the Haudenosaunee Cultural Group; dancers gave a Three Sister's Play, a Fancy Shawl dance, a Jingle dance and a

group hoop dance.

The 3.6 million dollar building holds a 15,000 square foot footprint in Generations Park, land donated by Margaret Terrance with intent to care for our elders.



Feryn King Kicks and Twirls in her Beautifully Decorated Shawl



Retha Herne Accepts a Plaque From Heather Garrow in Recognition of the Akwesasne Housing Authority's \$1,000,000 Donation

Generations Park fosters a connection between *Akwesashe:non*, young and young at heart. The Diabetes Center for Excellence provides space to address diabetes management, including a 2,500 square foot fitness room, a heated floor for yoga, a pool for aquatic exercise, including an assisted lift for easier access and a theatre kitchen. The nutritional support includes both counseling and cooking demonstration space. A relaxation room offers a mind-body connection to teach meditative stress reduction. Stress can be a significant factor in the management of chronic disease. "This building brings hope to those afflicted by diabetes. The tenacity of Janine Rourke brought diabetes and obesity to the public conscience at Akwesasne," Chief LaFrance remarked as he extended his gratitude to the woman in the second row, Janine Rourke, the tireless champion recognized and thanked in every Saint Regis Mohawk Tribal leader's speech during the ceremony. Janine led the

program for over a decade. "Without her dedication,

hard work, perseverance and vision, we would not be standing here today", said Debbie Martin, the former Director of Health Services. Debbie retired the first week of February and proudly spoke about the history, the commitment and the dedicated volunteers who made the Diabetes Center for Excellence possible. Among the groups recognized were the community members who participated in and organized multiple Golf tournaments, the first of which raised \$65,000.

Chief Paul Thompson was present in heart. His grateful words were shared with the crowd of almost 100 people. He recognized the Akwesasne Housing Authority who took a lead role in this important effort, sponsoring and organizing events. "Retha Herne presented a check for one million dollars to fund this project. It was absolutely amazing". Present were instrumental guests from the United States Department of Agriculture Rural Development who contributed \$336,000. Chief Thompson and Chief LaFrance thanked Brian Murray, the Northern Regional Area Director and Renee Hotte, also from the USDA Rural Development offices. Martha Torrez and Stanley "Lee" Telega represented the USDA from the national and state offices, respectively. Ms. Torrez traveled from Albuquerque, New Mexico to join our celebration.

The Planning and Infrastructure Division of the Saint Regis Mohawk Tribe was responsible for all of the construction management. Director Ernie Thompson shared stories of the collective efforts of construction, the architects and engineers and his team, led by Colleen Thomas. Heritage Homes was selected as

the contractor of the facility in August of 2012. The construction design allows for an expansion phase that will accommodate future needs, including an indoor walking track.

Fundraising for this endeavor has been tremendous. The leaders all took time to thank the many donors, including the Annual Golf Committee members and golfers, the Black Tie Committee, the Akwesasne Garden Club members, the Annual 7 Miles for 7 Generations walk participants, the St. Regis Mohawk School, and hundreds of individual donors. There was significant financial support through HUD Indian Community Development Block Grant in the amount of \$600,000, the USDA Community Facilities Program grant of \$515,880 and HUD Urban Development Action Grant (UDAG) presented the project with \$800,000. Contributions from the Saint Regis Mohawk Tribe and Akwesasne Mohawk Casino Resort total \$1.4 million.

Officially, the Diabetes Center for Excellence began seeing patients in late 2013; the Center welcomed 235 people and over 700 visits. The future of diabetes care is changing on the Mohawk territory of Akwesasne. "For centuries, the word "Diabetes" never crossed the lips of our ancestors. It is now in every conversation with our loved ones as we plan our meals, meet our friends, send our children to school, perform our jobs and dream about the future of our grandchildren. The vision held for a Diabetes Center of Excellence Institute is to create the opportunity

for all *Akwesashró:non* to recover the balance, harmony and peacefulness of a good life without Diabetes once again", original words by Janine Rourke. ♦



Janine Rourke Recognized for Her Contributions by Chief Ron LaFrance



Kaia Swamp Performs the Fancy Shawl Dance

Family Support

Community & Family Services Division

By Heather Durant, Benefit Services Manager

The Family Support Program has been in existence at the Saint Regis Mohawk Tribe for approximately 30 years. It is our original disabilities program. Despite the many name changes and program growth through the years, our overall program continues to be known and referred to as “Family Support”. We think this is great that the community has recognized us as we continue to support and serve individuals with developmental disabilities and their families.

Program Goal

To help families care for their loved one with a developmental disability at home for as long as desired.

Eligibility

Families who are caring for family members at home who have a developmental disability.

Description

Family Support Services can help in times of crisis when a family member or loved one becomes ill, or when things get difficult at home for other reasons.

Family Support Services can provide families with:

- Someone to call for support
- Information about OPWDD (Office for People with Developmental Disabilities) programs and services
- Someone to explain the benefits the individual with developmental disabilities is entitled to
- Help arranging health care, education and recreational opportunities
- Referrals for counseling and training to enhance family stability and to help families plan for the future

- Transportation, special equipment or necessary home modifications
- Help caring for a family member with a disability
- Family reimbursement for purchases of disability-related goods and services
- Information and referral
- Family-member training
- Recreation
- Transportation
- Respite Services

Respite Services

Respite services provide temporary relief from the demands of care giving, which helps reduce overall family stress. This often enables families to better meet the needs of their loved one with a developmental disability. Respite can be provided in the home or out of the home, during the day, evenings or overnight. Respite services provide relief to individuals who are responsible for the primary care and support of an individual with a developmental disability. When a family member has to deal with such things as illness, emergency and vacation, respite services can ensure that the individual's needs are met.

For more information regarding our program, please give us a call: 518-358-9481.



Facilities Management

Administration Program Feature

By Michael McFaddin, Director

*M*ission

The Facilities Management Division was established nine years ago. The goal is to provide a safe and clean environment for all programs. Facilities Management provides services to all programs that contribute to the indirect fund. These services include custodial services, maintenance service, grounds keeping, snow plowing, sports field management and contract management of service contracts for various building systems. Our office hours are Monday through Friday 7:00 a.m. to 4:00 p.m. Custodial services are provided from 7:00 a.m. to 10:00 p.m. Maintenance services are provided from 7:00 a.m. to 5:00 p.m. Maintenance personnel are also on call after hours and weekends. There has been a steady increase in the number of properties under the responsibility of this department. In the beginning, there were 20 buildings under the responsibility of this division; this number has grown to 31 leased and tribally-owned buildings. Based on current trends, it is expected that this number will continue to expand.

Changes

Over the past year, Facilities Management has continued to provide expanded services to the programs it serves. The division provides vehicle maintenance to all tribal programs. This service will enable cost savings to be realized by programs not having to pay the current mechanic labor fee of \$65 an hour. The service and labor is provided free of charge through Facilities Management. Facilities Management also provides sports field management. Over the past year, the division has maintained the multi-use sports field and playground located at Generations Park. With the

expert assistance of the construction department, we oversaw the construction of the slab for the new lacrosse box located to the north of the main field. Work will continue on the second field this summer which will be designated as a practice field. We will be able to provide proper maintenance of the primary field which will ensure a quality playing surface for the various teams using this facility. In addition, a smaller sports field has been added to the inventory on the two multi-use sports

fields. It is located adjacent to the Seniors Center. This field is intended for sports teams comprised of younger members of the community. The 1.5 mile walking trail has also been added to the inventory. The trail is in use at this time and Facilities Management will continue to improve the surrounding grounds to provide an enjoyable walk with nature.

Community Involvement

Facilities Management does not directly interface with the greater community. Although indirectly, they do by providing support to the various programs that serve the community. Additionally, by maintaining clean and safe facilities and grounds, community members are better able to use services offered by the various programs. One example would be Generations Park where many community members enjoy the sports fields, pavilion, walking trail and playground. Facilities Management provides the equipment, materials and supplies to maintain this facility in top condition. Facilities Management personnel received on-the-job-training in sports field maintenance and they coordinate site visits from representatives of Ballard Sports who advise personnel on proper maintenance procedures. ♦

Facilities Manages



***31 Buildings
& a Park***

120 Tribal Vehicles



33 Employees

Monthly Tribal Meeting

Enniska / February 8, 2014
Chaired by Chief Ron LaFrance Jr.

Agenda

1. Welcome - Chairperson
 - Reading of Action Items - Tribal Clerk
 2. NRD Settlement Update
 - Barbara Tarbell
 3. GM Cleanup Update
 - Ken Jock
 4. JNR Enterprises, LLC Community presentation
 5. New Business
 6. Reading of Action Items
 - Tribal Clerk
 7. Adjournment
2. To have the names of the NRD committee members available for next month's meeting

An update will be provided as an agenda item at the February Monthly Tribal Meeting.
 3. To add environment to next month's agenda to give us more info on the American eel

Tribal Council has met with Dan White on this and Environment is now following up, once further information is available, Environment will present.
 4. To look into setting guidelines for outside authority in Akwesasne

The Police Commission Act outlines the process for establishing relationships with outside agencies.
 5. To discuss the location of future SRMT monthly meetings

Discussions are ongoing.
 6. To have an update on the waterline to Salmon River

A press release has been issued on this topic and copies will be available as a handout.
 7. To have an update from the advocate of National Grid

A meeting is scheduled for February 28, 2014 and Tribal Council will report back to the community at the March Monthly Meeting.
 8. To have an update on the GM cleanup (the depth they went into the ground and how far its saturated)

An update will be provided as an agenda item in the February Monthly Tribal Meeting.
 9. To look into non-natives residing on the territory

The Legal Department has submitted to Tribal Council a recommendation on a draft procedure outlining what circumstances Tribal Council will refer removal of non-members to the Franklin County District Attorney. ♦

Action Items from February Meeting

1. To look into the surplus give-a-way from the casino hotel and to obtain the inventory list
2. To look into providing fuel to enrolled tribal members living outside of the land claims areas

Follow-up on Action Item from December Meeting

1. Look into having our own Tribal motor vehicle department.

Tribal Council and the Legal Department continue to research this issue and will report back to the community when more information is available.

Follow-up on Action Items from January Meeting

1. To have a report of money received from the NRD settlement and how it's being spent (available for next month's meeting)

An update will be provided as an agenda item at the February Monthly Tribal Meeting.

Calendar

Enniskó:wa / March 2014

- 1 - Monthly Tribal Meeting - 10:00 a.m. - Community Building lobby
- 4 - Akwesasne AISES Chapter Monthly Meeting - 5:15 p.m. - HAVFD Station 1
- 11 - Social Security Administration - 1:30 to 3:30 p.m. - Tribal Clerk's office
- 12 - Police Commission Monthly Meeting - 3:00 p.m. - Executive Boardroom, Community Building
- Tuesdays - Tribal Tribal Council Work Session - 9:00 a.m. - Tribal Council executive boardroom

New Faces

Melissa M. Arquiett	Youth Worker	Akwesasne Group Home
Janice Day	Case Manager	Office for the Aging
Isaac Gray	Intern	Tribal Court
Mary Hill	Attorney	Social Services Division
Casey B. Jacobs	Dispatcher	Tribal Police
Timothy Jock	Night Security	Three Sisters Program
Andrew McDonald	Night Security	Three Sisters Program
Joelle A. Porter	Outreach Worker	IHS - Outreach
Gidget Rafus-Rousell	Clinical Director	IHS - Partridge House
Jennifer Smoke	Language Specialist	Environment-Cultural Restoration
Jillian Terrance	Home Health Aide	IHS - Outreach

Donations

Funerals - \$4,000

Community Event - \$7,000

Sports - \$650

Jobs

Administrative Assistant - Office for the Aging
Health Education Services Unit Manager - Office for the Aging
Assistant Health Educator & Activity Coordinator - Office for the Aging
Assistant Director - Office for the Aging
Home Delivered Meal Driver - Office for the Aging
Scale House Attendant - Environment - Solid Waste
Head Start Teacher - Early Childhood Development
Childcare Teacher - Early Childhood Development

Administrative Assistant - Family Support
Administrative Assistant - Alcohol/Chemical Dependency Prevention

Positions with the Saint Regis Mohawk Tribe are posted at: www.srmt-nsn.gov.

Positions with our gaming operations are posted on the Akwesasne Mohawk Casino's website at:

www.mohawkcasino.com.

Akwesasne and surrounding area positions are posted at www.myaec.org

Academic Honors

By Stephanie Cook, Executive Director of Education



There are many factors that go into receiving a high grade point average but most importantly hard work. Congratulations to the following Higher Education undergraduate and graduate students for receiving a minimum 3.5 grade point average for the Fall 2013 semester:

- Timothy Durfee-Monroe Community College
- Arnold Jock-SUNY Canton
- Alicia Lazore-Rochester Institute of Technology
- Noah Bero-SUNY Canton
- Tewasherake Barnes-Utica College
- Corey Buckshot-North Country Community College
- Kailey Boots-Central Piedmont Community College



- Janisa Benedict-Onondaga Community College
- Jaliza Burwell-SUNY Potsdam
- Nicole Burk-SUNY Canton
- Antoinette Bigtree-SUNY Canton
- Hayley Cook-Michigan State
- Daniel Eckert-SUNY Brockport
- Abraham Francis-Cornell University
- Hannah Garrow-SUNY Canton
- Amelia Jacobs-College of St. Rose

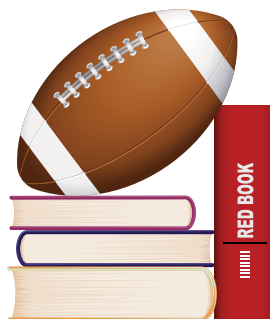
- Jaylene Johnston-SUNY Plattsburgh
- Anna Kelly-Middlebury College
- Kaitlyn Lauzon-SUNY Canton
- Teesha Mitchell-SUNY Plattsburgh
- Raymond Phillips-Clarkson University
- Casey O'Connor-Otterbien University
- Pamela Pierce-North Country Community College

- Dillon Point-Syracuse University
- Tobilee Roundpoint-SUNY Potsdam
- Tyler Sunday, Jr.-Syracuse University
- Chantel Thompson-SUNY Cobleskill
- Jessica Tarbell-Dartmouth College
- Trina Thompson-SUNY Canton
- Lori Tarbell-North Country Community College



To receive a 4.0 grade point average in college is amazing. These students are to be commended for their academic dedication. Congratulations to the following Higher Education undergraduate and graduate students for receiving a 4.0 grade point average for the Fall 2013 semester.

- Cynthia Hasty-SUNY Canton
- Jerrad John-SUNY Alfred
- Quincey Townsend-SUNY Buffalo
- Benjamin Trombley-Clarkson University
- Monica Antone-Watson-Syracuse University
- Gail Wall-Daytona State College

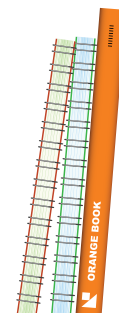


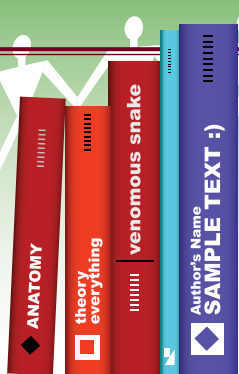
Outstanding Freshmen

Starting college is not an easy thing. You leave your family, your friends and your community. The change of routine and the academic challenges of college can be overwhelming. The Higher Education program acknowledges and congratulates outstanding freshmen who not only were able to overcome first-semester challenges, but surpassed them! Congratulations and good luck on your next semester!

Student: **Tyler Sunday**

- College: Syracuse University
- Major: Biotechnology
- Grade Point Average: 3.6
- Parents: Tyler Sunday Sr. and Shannon Sunday
- Former High School: Massena Central
- Clubs: NASAS (Native American Students at Syracuse)
- Biggest Challenge: "Trying to get used to the amount of work that is given."
- Most Memorable Experience: "Becoming a part of the Native community here on campus, it feels like a family away from home."





Student: ***Tewasherake Barnes***

- College: Utica College
- Major: Criminal Justice
- Grade Point Average: 3.75
- Parents: Brian and Amie Barnes
- Former High School: Salmon River
- Clubs: Women's Lacrosse

- Biggest Challenge: "My biggest challenge had to be the work load; it is much different than high school work. The professors expect a lot more from the work than high school teachers do. And the fact that you are in charge of yourself and that no one tells you what to do is hard to get used to. You are responsible for yourself. Getting in to the habit of making sure all your work is done on time is the most difficult; especially when you have a lot of assignments due on the same day as other assignments."
- Most Memorable Experience: "My most memorable experience so far is being on the lacrosse team here. I love being on a college team more than a high school team; they take it more seriously here. I have learned so much in such a short time and as a player I have grown. Being on the team has also made it easier for me to make friends; most of my friends here at school are on the team."



Student: ***Dillon Point***

- College: Syracuse University
- Major: Pre-Law
- Grade Point Average: 3.69
- Parent: Melody Point
- Former High School: Salmon River
- Clubs: NASAS (Native American Students at Syracuse)
- Biggest Challenge: "My biggest challenge was getting though the adjustment to college life. The class work was difficult at first for a few of my classes until I found help from a tutor who helped greatly."

- Most Memorable Experience: "Going to see a performance by *A Tribe Called Red* on South Campus. There is always something fun happening on campus!"



Student: ***Tobilee Marie Roundpoint***

- College: SUNY Potsdam
- Major: Business Administration
- Minor: Music Business
- Grade Point Average: 3.76
- Parents: Toby and Mary Faye Roundpoint
- Former High School: Salmon River
- Clubs: PANA (Potsdam Association of Native Americans)



- Biggest Challenge: "I would have to say the biggest challenge of my first semester as a freshman is adjusting from being a high school student to becoming a college student. The work I receive in college is twice as hard than the work I received in high

school. College opened up doors for me, it also taught me to grow into an adult and take on incredibly hard challenges; and that's one thing I cherish the most."

- Most Memorable Experience: "My most memorable experience so far is being able to meet Darryl Tonemah. Darryl Tonemah is an American Indian singer, songwriter and health psychologist. Listening to him and his challenges and experience with working with DreamWorks, inspired me and pointed me in the right direction of my career path. It's an amazing feeling to be able to meet someone as successful as him, just when you think college is dragging you down. I learned to pick myself back up."



Student: ***Trina M. Thompson***

- College: SUNY Canton
- Major: Engineering Science
- Grade Point Average: 3.92
- Parents: John Jackson and Delia Thompson
- Former High School: Salmon River
- Biggest Challenge "Making it to my 8 a.m. class everyday (on time), when I live over an hour away."
- Most Memorable Experience: "Building a 3-D printer without instructions and fixing all the guys mistakes that were made." ◇



It's Here!

2014 Akwesasne Business Directory

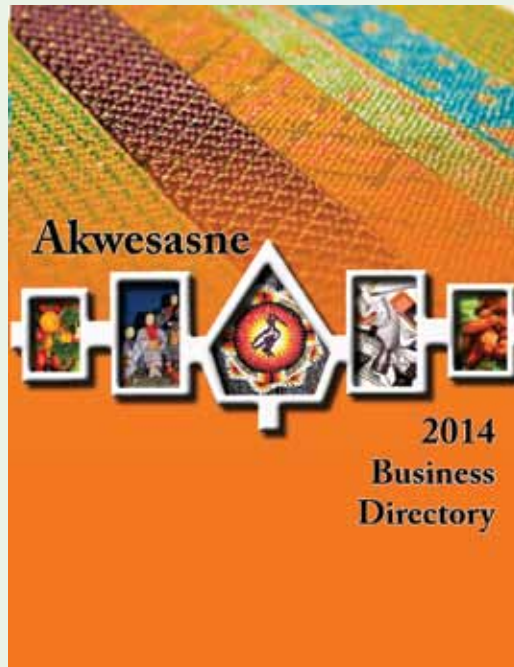
The Economic Development departments of the Saint Regis Mohawk Tribe (SRMT) and Mohawk Council of Akwesasne (MCA) are pleased to announce that the Akwesasne 2014 Business Directory is now available! Both Economic Development offices collect, edit and update our business community's information on an annual basis.

The directory's emergency contact numbers are featured on the back cover for easy access. In addition, the popular quick reference guide, map of business locations and all-inclusive phone lists for the SRMT and the MCA are still included. This year, we are delighted to announce that over 300 Akwesasne businesses are featured.

In order to make the directory more accessible and provide our

community with the most current resources, MCA's IT department will be creating an online directory this spring. The directory will be linked from both the Tribal and MCA websites. Businesses will be able to submit information updates via an online form. Customers will have easy access to the most current information about Akwesasne businesses.

We welcome you to pick up your Akwesasne 2014 Business Directory at the SRMT Community Building, MCA and surrounding Chambers of Commerce. It is available online at www.srmt-nsn.gov and at www.akwesasne.ca. If you would like a copy sent to you, please contact the Tribe's Public Information Office by phone at 518-358-2272 or email publicinformation@srmt-nsn.gov. ◇



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