SRMT Kawenni:ios

Dog Bite Prevention Workshop
Are you thinking about decorating your home or personal space but would like a little help from an expert? Well you’re in luck, because we have just that!

Alex David opened her own interior decorating and design business, Better Your Home Design, in June of 2010 after becoming certified through QC Design School in interior decorating and design, organization, home staging and as a color consultant.

Better Your Home Design understands that the home is “where the heart is” and is the place where you spend most of your time. Better Your Home Design wants to help you make your personal space both comfortable and welcoming and does it through knowledge and experience.

So How Does This Work?

You begin with a free consultation. Alex meets with her clients and talks about the project(s) they have in mind. After getting a feel for her client and understanding their budget, she gives her clients options of what can be done.

After the initial consultation, a cost breakdown is provided of what your project will incur.

Clients often have everything they need right in their homes; it just needs to be arranged for the perfect look. She can even refurbish old furniture to give it a modern feel. Many other services are offered, depending on your needs. Alex will work directly with clients to clean and de-clutter their homes. Unsure of what to keep and let go? Alex will sit with each client and suggest what should be kept indefinitely and what can be thrown out.

No mess is too big for this professional organizer who can tackle the messiest of closets and turn them into the organized paradise you’ve been dreaming of. Do you miss parking your car in the garage that has turned into a storage shed? Alex can help get that car back to its rightful place, out of the ice and snow!

Don’t be worried that you can’t afford such a luxury for your home; rest assured Alex will work hard to accommodate any budget and still come out on top. Better Your Home Design is even on the SRMT Housing Contractors list, is fully insured and they receive discounts from local businesses. If you want to Better Your Home Design then call today for a free consultation. ◆

613.577.1798
byhdesign@gmail.com
www.byhdesign.com
Greetings to all Akwesashrónon,

February has quickly come to a close with a flurry of activity throughout all the Tribal programs. With all of these programs undertaking so many great initiatives, I am looking forward to what the rest of the year will bring.

The Akwesasne Mohawk Casino did an excellent job hosting an NFL legend over Superbowl weekend. A substantial donation was generated through the autographed signings of O.J. Anderson with all the proceeds being donated to the Akwesasne Boys & Girls Club. This event provided numerous benefits to our community, especially with providing more programming opportunities for our local youth.

In an effort to reduce Tribal costs, staff within Tribal organizations has decreased the financial impact of Tribal operations on the programs and services being delivered. The improvements of communication and sharing resources have decreased our costs to conduct Tribal business. The addition of the Budget Analyst was a great move in the direction of streamlining tribal operations while improving on the quality of service being provided.

On the Cover: L-R: Ethan Seymour, Dylan Lazore, Treven Seymour, Lulu and Botti-James at the Dog Bite Prevention Workshop held on February 12, 2011.

It hasn’t been all work and no-play for Tribal employees. The Akwesasne Winter Carnival celebrated 20 years of breaking up the winter blues as the Tsi Snihahe Recreation Centre hosted the annual event during the month of February. Many Tribal programs organized fun filled events in conjunction with the Carnival, like the Dog Bite Prevention Workshop that is featured on this month’s cover. Keep an eye out for a full report on Tribal activity during the Akwesasne Winter Carnival in next month’s edition of Kawenni:ios.

One event to look forward to later on this month is the first ever “Akwesasne International Job Fair” that is being hosted at the Mohawk Bingo Palace. This event symbolizes a strong effort in intergovernmental teamwork to combat unemployment during this time of recession. A diverse array of employers will be seeking future employees at this event and it is a great opportunity for our community’s workforce.

In closing, I thank all of the community members who have been attending the monthly Tribal meetings and the public informational sessions. Your input on the issues facing our community is always appreciated.

Chief Mark Garrow
I LOVE GREEN!

By Angela Benedict, Air Quality Program Manager

I really do. Everyone who knows me is saying to themselves, “Tell me something I don’t know.” And it is not just because it is my birthstone or because it is the color of grass or leaves and environmental things. I love it because it makes me happy! These days it also seems to be a very versatile word. It can mean a variety of things, like “green with envy” or “slap me some green” or “you look green” or if you are at a sporting event for Salmon River - GO GREEN! But these days it is a good thing to go green. Green means to be aware of your purchases and habits. Going green can mean buying something out of recycled material like paper, but that’s an easy one, it says it right on the package. But what about toilet paper or paper towels or even your car. Yes, you read it right, your car. Ford is making its vehicles, which are 85 percent recyclable by weight, more eco-friendly through increased use of renewable and recyclable materials; the 2010 Ford Taurus is the latest model to use eco-friendly bio-based seat cushions (http://green.autoblog.com/2010/04/20/ford-using-lots-of-old-recycled-materials-in-ne/). That’s cool. Even McDonalds uses recycled materials for their packaging. Lots of big industries are doing their part in making greener choices. Businesses like Target, Sears, JC Penney and Wal-Mart are some examples of local industries that have vowed to reduce and recycle within their corporations. JC Penney has taken an initiative to only use recycled paper for their catalogs. Wal-Mart has committed to reduce greenhouse gases at stores, distribution centers and clubs around the world by 20% by 2012. These are just some examples. I am not promoting one store over the other.

Going green within your own homes is also rewarding. Lights out is green by not using electricity, the emissions from the generation of the electricity go down. Using detergents and cleaners that are eco-friendly allows you to get things clean and not pollute the groundwater or soil. It also allows you to clean without getting exposed to harmful chemicals. Although winter’s coming to an end (I hope) using an alternative to salt when deicing is a good idea. I haven’t really found any ideas except some municipalities are using beet juice to de-ice. If you have to use salt, don’t use a lot and maybe mix it with some sand to dilute it. Another big green choice is not taking or using plastic bags. The sea turtles of the world will thank you! “Plastic bags cause over 100,000 sea turtles and other marine animals deaths every year when animals mistake them for food.” (http://www.natural-environment.com/blog/2008/01/10/environmental-impact-of-plastic-bags/).

So remember for today and for the next seven generations, let’s do our part to make the world a greener place. Not only because I like green, but just because it is the right thing to do.

“It’s Not Easy Being Green”
A
dopting a puppy means hard work from the
beginning. One of the first things you will want
to address is any dog behavior problems that might
arise. These issues will have to be addressed from the
day your new puppy enters your household and should
be dealt with before they become real problems. If not
dealt with early, these behavioral problems are much
harder to change when you have an adult dog.

One behavioral problem that you might encounter
with your dog is excessive barking. Some dogs will
bark at every noise, person, or animal they encounter.
Sometimes, these dogs will bark for what appears to be
no reason at all. This can be annoying to the owner as
well as the owner’s neighbors, especially if the neighbors
live in close proximity to the dog owner. Barking is best
dealt with by not giving the dog the attention he is
seeking when he barks and by making sure your dog
does not have the opportunity to get bored while you
are away. Sometimes, something as simple as providing
your dog with a toy can help reduce his barking.

Another behavioral issue you may encounter is
digging. This can cause property damage and may even
lead to a safety issue as your dog may dig under a fence
and escape from your property. If your dog is digging
out of boredom, exercise him more or provide him with
toys he can enjoy.

Another dog behavioral problem that might need to
be addressed is when your dog gets aggressive towards
other pets. This might be food aggression where the
dog gets aggressive when another pet gets near that
dog’s food. It might start out with the dog snapping at
the other dog or chasing him away. The dog may also
turn on a small child, and snap at that child or even
bite the child. Dog aggression may also arise between
two dogs that are trying to establish dominance. If you
are someone who sets out your dog’s food for them to
eat throughout the day, this practice will have to stop.
Instead, establish a feeding schedule, and feed your
dogs in different areas so they will not attempt to steal
each other’s food.

Of course, these are not the only dog behavior
problems that you might encounter with your dog.
Separation anxiety, whining, chewing problems, running
away and just overall disobedience to your commands
might also be problems which you encounter. As with
the other behavioral problems, it is important that you
address these issues as soon as you encounter them.

The internet provides great information to help you
with any bad behaviors your dog may have. You should
also consider enrolling your dog in behavior classes.
Many bad behaviors are a result of the dog owner
behaviors. You must teach your dog the proper way to
behave, and being consistent is the key to changing the
behavior of your dog. ♦
March is National Nutrition Month

By Heather Pontius, Registered Dietician

The Let’s Get Healthy Program is celebrating National Nutrition Month, an annual education and information campaign, sponsored by the American Dietetic Association. The Let’s Get Healthy Program’s theme for 2011 is Senha kakhwi:iio sera:ko “Choose better foods.”

Quinoa - A Nutrition Powerhouse

Pronounced keen-wa, it is an ancient grain that has been rediscovered in recent years and is making its way into kitchens and restaurants worldwide. Once considered “the gold of the Incas” it is a whole grain with an unusually high protein content. Quinoa contains an ideal balance of all eight amino acids, making it an ideal food for vegetarians or anyone looking for high iron non-meat foods. It is a diabetic-friendly food, as it is a source of complex carbohydrates, containing five grams of fiber and seven grams of protein per serving.

Give it a try

If you are tired of mashed potatoes and rice, then it is time to give quinoa a try. You are in for a real treat! The fluffy, creamy, slightly crunchy texture paired with a nutty flavor makes this versatile grain anything but boring. Quinoa can be easily prepared for any meal, any time of the day. Most commonly it is used in soups, salads, hot cereals, desserts, side dishes, casseroles and even in the slow cooker.

Where do I buy it?

Quinoa can be purchased in bulk food stores, at the supermarket in the natural foods section or with the rice, natural/health food stores and co-op stores. There are several locations in and around Akwesasne that carry quinoa. If it is not available at your favorite store, ask the grocery manager to order some for you.

Basic quinoa cooking instructions: Bring 2 cups of water, or low sodium broth to a boil in a saucepan. Add 1 cup quinoa, bring back to a boil, cover and cook over medium heat for 12 minutes or until all water is absorbed. Remove from heat, fluff with a fork and serve.

1 cup of uncooked quinoa and 2 cups of water will yield approximately 4 cups of cooked quinoa.

For more information or additional recipes please contact Heather Pontius, Registered Dietitian at the Let’s Get Healthy Program, Diabetes Grant-518-358-9667 or Mohawk Healthy Heart Project 518-358-6091. ♦

Quinoa Pudding

Ingredients:

- 1 cup quinoa (soak for 15 minutes and rinse in a sieve to remove natural saponin, a bitter protective coating)
- 2 cups water
- 2 cups apple juice
- 1/2 cup raisins, dried cranberries, dried currant berries
- 1 tsp ground cinnamon
- 2 tsp vanilla extract
- 2 TBSP brown sugar or 1 TBSP Splenda brown sugar

Directions:

Place quinoa in a sieve and rinse thoroughly. Allow to drain, place quinoa in medium saucepan with water. Bring to a boil over high heat. Cover pan with a lid, lower heat and allow to simmer until all water is absorbed and quinoa is tender, about 15 minutes. Mix in apple juice, dried fruit and cinnamon. Cover pan and allow to simmer 15 minutes longer. Stir in vanilla and brown sugar. Serve warm with low fat milk if desired. ENJOY!

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In recent years, the St. Regis Mohawk Tribe has undertaken several initiatives in an effort to reduce the costs of providing community programs and services. Beginning in 2008, Tribal staff began working with the similar departments at the Mohawk Bingo Palace and the Akwesasne Mohawk Casino for assisting each other in carrying out their duties. This “Shared Services” initiative expanded to encompass the departments of IT-Tech Support, Purchasing, Marketing, Safety and Emergency Services, Facilities and Training. These departments have been able to share many resources Tribe-wide from personnel to supplies and realize tangible cost savings in areas of equipment rentals, repairs, professional services and in some instances, improve buying power.

More recently, the use of certain types of equipment within the Tribal administration offices was reviewed for efficiencies. After an extensive evaluation, we were able to successfully reduce the number of copiers, fax machines and printers, cell phones and telephone lines that the Tribal administration building uses. All with minimal interruption to the staff and their ability to serve the community. With this initiative, we will see significant cost savings in the areas of energy usage, phone and fax line usage, and paper and supplies usage.

Another area that the Tribe evaluated was the fuel that is used by Tribal vehicles every day. By competitively contracting the purchase of gasoline, the Tribe was able to reduce the amount being spent by Tribal programs for fuel by over five and half percent. Our staff is required to travel throughout the community and beyond for providing services to individuals in their homes, patient transportation, elder bussing, etc., and money not being spent on higher fuel costs can be spent on continuing and enhancing our services.

Lastly, towards the end of 2010 the Tribe created the position of Budget Analyst. This person assists all of the Program Directors and Managers on a daily basis to create responsible budgets, to monitor their budgets on a monthly basis and to assist in finding the best use of all available funds for each program. This position has already proven its cost-effectiveness by better defining the Tribal budgets and adhering to them every day.

We are pleased by the results of the above listed initiatives. We acknowledge that there are still plenty of areas requiring our attention. The Tribe, thus far, has been able to maintain our level of services at a time when many surrounding communities are facing serious budget constraints. Our efforts continue today through continuous evaluations into the way the Tribe does business from every angle. ✴
**Spill Prevention**

**Saves More than Just Money**

This fuel season the Tribe’s Emergency Response Team has responded to more home heating fuel spills than normal. The leading cause of most spills is a tank tip over or fuel delivery accident and most are preventable. Each year a handful of homeowners bear the burden of the cost of relocation, cleanup and new tank installation due to home heating fuel spills. Though some spills may not be avoidable, most regular inspections and maintenance can save more than just money.

A few minutes are all that’s needed to complete a home heating fuel tank inspection. This may save a homeowner tens of thousands of dollars in cleanup costs and the headache of relocation. Keep this in mind during your inspection: (If you answer yes to any of these questions please contact your fuel provider for further assistance)

- **Leg Stability** – Are any of the legs bent, rusting, or on a shaky foundation?
- **Tank Surface** – Are there signs of rust, wet spots or excessive dents?
- **Tank Piping** – Are there signs of leakage on any of the lines to and from the tank? Are the lines in danger of being cut by falling snow or ice?
- **Tank Age** – Is the tank over 25 years old?

Despite efforts, accidents happen and in the event of a home heating fuel spill, please call the SRMT Environment Division at (518) 358-5937 or after regular business hours please contact Tribal Police at (518) 358-9200. The sooner they know, the sooner the response and the less the impact the spill will have on personal property and the environment.

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**Higher Education**

**By Rod Cook**

For all you returning students now is the time to get your FAFSA done for the 2011-2012 academic year. Get your PIN number ready and go to fafsa.ed.gov and get it done. If they ask for a credit card, you’ve got the wrong site.

With new Federal and State budgets coming out, and their budget cuts, you may want to search for other sources of assistance. A good cover letter, resume, envelopes and stamps would be a great start.

You new students need these things done too. If you are thinking about applying for school the time to do it is NOW.

July 15 will be here before you know it.
Casino Hosts NFL Legend O.J. Anderson

By Ben Herne, Public Relations Manager, Akwesasne Mohawk Casino

On Saturday, February 5, 2011 the Akwesasne Mohawk Casino welcomed former New York Giant and Super Bowl XXV Most Valuable Player Ottis Jerome Anderson (O.J. Anderson) for a special meet and greet session in Rapids Food Court in honor of Super Bowl weekend. “I consider it a great privilege visiting the Akwesasne Mohawk Casino as well as the entire community of Akwesasne,” stated O.J. Anderson. In conjunction with celebrating Super Bowl XLV, he did some fund-raising for the Akwesasne Boys and Girls Club.

Anderson has appeared on several major local and national radio and television shows including: the David Letterman Show and Good Morning America. He has experience as a broadcast analyst with WFAN for the New York Giants, and has co-hosted three radio shows in St. Louis with former Cardinal teammates Theotis Brown, E.J. Junior and Roy Green. Ottis was also a frequent guest on The Billy Taylor Show in New York and contributed to the in-season weekly column, “Ask Ottis,” in the Giants Insider publication.

Anderson has been affiliated with many community bodies and charities such as the United Way of America, Boys & Girls Clubs of America, the American Heart Association, the National Multiple Sclerosis Society, the Breast Cancer Research Foundation, Drug Abuse Resistance Education and the Deborah Hospital Foundation. He is a member of Omega Psi Phi Fraternity, Inc., and currently serves on the Advisory Board of the Spina Bifida Association.

Tony Tasco, Player Development Manager stated, “I have known O.J. for a long time and you’ll never find a nicer person. I have worked with him in the past and the community and casino patrons enjoyed meeting him.” The entire community was welcomed to Rapids Food Court on Saturday, January 5, 2011. Proceeds of $2,600 for autographed photographs benefited the Akwesasne Boys and Girls Club Chapter. ♦
How Are We Doing It?

Sustaining in Tough Economic Times – Part 2

By Laura J. Weber, Solid Waste Program Manager

I’m continuing my series on sustaining in tough economic times. Last month I introduced the definition for sustainability and gave you an “Action to Sustainability Challenge.” How did you do with the challenge? Were you able to make changes so that your decisions were bearable to the environment, equitable for your community, and economically viable? If yes, congratulations! You incorporated the principle of sustainability into your life.

The solid waste program was born in 1997 when the Environment Division received a $300,000 grant from EPA. This funding allowed the Tribe to build their solid waste sustainable model (center).

The model consists of five components to achieve the solid waste program mission, which is to promote environmental protection through the use of sound solid waste management practices while contributing to the economic and social progress of the community. A circle is used to present the model because all five components are interconnected and the success or failure of one impacts the other four. Below is a summary of the five components this month with a more detail description of each to follow next month:

1. Solid Waste Management Code – Regulatory part of the program. Requires off reservation disposal of all solid wastes and prohibits open dumping and burning.

2. 4 Rs – Cultural education that teaches respect, reducing, reusing, and recycling.

3. Solid Waste Management Community Service Agency – The entity that allows the Tribe to offer a solid waste services to the community through the use of a transfer station, recycling depot and curbside collection of garbage.

4. Financial Health – The economic part of program that helps us to achieve the financial goals & objectives.

5. Monitoring – Quantitative and qualitative measures are used to monitor each program component to ensure the success of the overall program. ♦

Action to Sustainability Challenge

(Applying knowledge learned to make sustainable decisions in your life)

When you do your weekly shopping, think of three things that you can do differently in order to reduce the amount of waste you generate after using the products that you purchase. Additionally, consider the impacts of your buying habits on your finances, family and environment.
Calendar

**Enniskó:wa / March**

5th - Tribal Monthly Meeting - 10:00 am - Community Building
8th - Social Security Administration - 1:30 to 3:30 pm - Tribal Clerk's office
9th - Hogansburg Dam Re-licensing Public Meeting - 6:00 pm - Community Building
21st - Job Fair 2011 - 10:00 am to 6:00 pm - Mohawk Bingo Palace
Animal Control Kennel Open House - 3:00 to 5:00 pm

Tuesdays – Governance Committee Meetings – 5:00 pm – Community Building
Wednesdays – Finance Committee Meetings – 5:00 pm – Community Building
Thursdays – Off-Reservation Gaming Committee Meetings – 5:00 pm – Community Building

New Faces

- Alison Benedict - Administration
- Ryan J. Jacobs - JOM
- Felicia Stanka - Individual Residential Alternatives
- Joseph L. Sunday - Tribal Police
- Leroy Swamp Jr. - Tribal Police
- Jory Tarbell - Tribal Gaming Commission
- Tribal Ethics Officer
- Recreation Supervisor
- Habilitation Aide
- Dispatcher
- Police Officer
- Gaming Inspector

Giving Back

- Funerals - $1,500
- Community Events - $6,200
- Sports - $250

Jobs

**Coordinator** - Akwesasne Employment Resource Center
**Animal Control Officer** - Compliance
**Habilitation Aide** - Dept. of Social Services
**Network Security Specialist** - Technical Support
**Home Based Coordinator, Teacher Aide Childcare & Cultural Coordinator** - Early Childhood Development
**Data Entry Clerk** - Environment
**Youth Worker / Advocate Female** - Intensive Preventive Program
**Election Board Members** - Appointed - 3 year term

Current postings and complete job descriptions are available online at: www.srmt-nsn.gov
Akwesasne Employment Resource Center announces to everyone that we will be hosting the first ever “Akwesasne International Job Fair 2011.”

Mark Your Calendar!
• Monday, March 21, 2011
• Mohawk Bingo Palace, Akwesasne, NY
• 10:00 am – 6:00 pm

This event is open to anyone (18 years of age and older) currently seeking employment. Employers from both Canada and the US will be in attendance including employers from Akwesasne, Massena, Malone, Cornwall and surrounding areas.

Be Prepared!

To be best prepared for a Job Fair, here are a few tips to help you:

Research the Company

Know a little bit about the companies that you are interested in and who will be participating in the Job Fair. Their corporate website is a great start to obtaining information as to who they are and what they do. Be prepared to ask questions – this shows that you are interested in their company.

Be Professional and Courteous

Make sure you dress appropriately for the Job Fair. No sloppy clothes, messy hair or “straight from the gym” look. You are there to make a great impression to that potential employer. Dress as if you are going to an interview. Be courteous of others waiting to meet the employer. Greet the employer with a firm handshake, an introduction and remember the non-verbal communication skills that can contribute to a good or bad first impression. Smile, stand up straight, maintain eye contact and no excessive perfumes or colognes.

Resume

Just as you’ll be dressed appropriately, your resume should get the same attention. Your resume is a self marketing tool that is used to sell your skills and abilities to an employer. A few tips:
• Is your resume current and up to date?
• Does it include action words?
• Is it neat and presentable?
• Is the format consistent throughout?

Need Help?

At the AERC, we provide you with tools and techniques to assist you in your search for employment. We assist individuals in creating, updating or modifying their resumes. So, if you are in need of a resume, stop by and see how we can assist you in being prepared for the upcoming Job Fair. We will be hosting two (2) one-day “Job Fair Success” sessions March 9th and March 16th to assist in brushing up on your presentation skills. Call today for more information or to register - only 10 seats are available for each session.

The world is very competitive when looking for employment. Let us help you have that competitive edge when searching for work. We are located at the four corners in Hogansburg (Akwesasne) and open Monday to Friday, 8:00 am – 5:00 pm. Stop by or call us at 518-358-3047.
The Tribal water treatment plant, located on Pump House Road off McGee Road recently had a final inspection on Tuesday, February 2, 2011. The Tribe recently made alterations to the plant to increase its efficiency from a treatment and cost standpoint.

The SRMT was awarded an ARRA/Stimulus grant in 2009 to undertake these changes. Changes include the addition of powdered activated carbon filtration, a bulk chemical storage area and incorporated a testing laboratory for staff to undertake some routine testing of water samples.

Officials from the Environmental Protection Agency, the Indian Health Service, Water Services Inc. and Delaware Engineering were on hand along with Tribal staff to conduct this inspection. Water Services Inc. was the contractor while Delaware Engineering provided the design work for this project. The federal officials inspected the work completed at the plant and found the work to be exemplary and constructed as per plans and specs.

A 42 x 40 square foot addition was constructed to house the filtration, bulk storage tanks and a testing laboratory. Running Deer Construction, Toby Roundpoint Construction and Local 440 iron workers were employed on this project. A number of laborers were also employed by Water Services Inc as well. We are very proud to say that about 90% percent of the work was through Mohawk contractors and laborers.

“The Akwesasne community has experienced tremendous growth in the past few years,” said Thompson. “This expansion is part of our efforts to meet the increased demand for sanitary water as we continue to evolve to continue to meet our community’s needs.” Shawn Martin, Public Works Manager also stated, “There are other initiatives underway to improve the plant’s treatment process. We are planning to add an ultra violet disinfection system and rehab our river intake to insure the plant’s continued goal of providing clean and safe drinking water to the Akwesasne Community.”

The Department operates both the water and waste water treatment plants and maintains numerous hydrants, gate valves and pump stations throughout the community on a 24/7 schedule. The Department employs five operators, Moochie Bero, Tracy Billhardt, Larry Jock, Barry Herne and Stan Buckshot.

The plant’s treatment capacity is 1.4 million gallons per day. It is presently producing upwards of 500,000 gallons per day so the plant will meet the demand for a number of years.

A series of grants totaling approximately $850,000 from EPA, Indian Health Service and the Saint Regis Mohawk Tribe paid for most of the cost of the expansion. They began work on the plant in February, 2010 and completed the expansion in January of 2011.
Each month, the Ethics Office will be providing scenarios to help community members and elected officials better understand what types of situations the Ethics Ordinance covers. These scenarios are inspired from actual cases in federal, state and municipal governments.

What would you do?

A tribal member owns a golf course. S/he supported your last run for office. S/he will be holding a huge fundraising event at the golf course for a non-profit organization. Well-known performers will be in attendance. The golf course owner asks if a Tribal police officer can park at the golf course during the event for added security. What would you do?

Is this ethical?

This situation falls under the ethics ordinance. In Section C-2.: “Elected officials shall not use his or her office in a way that produces or assists in the production of substantial benefit, direct or indirect, for the official, any members of their immediate families or for an organization or business with which the official is associated.” Although the first thought is to be helpful, this service is not available to the public in general. This would provide a special privilege for the Tribal member and a potential benefit to the elected official for future campaign contributions.

Activity update:

- New complaints received: 0
- Complaints dismissed: 0
- Complaints in process: 8

Are you interested in finding out more about the Ethics Ordinance and possibly becoming a member of the Ethics Commission? Please contact Alison Benedict, Ethics Officer, 518 358-2272 ext. 414 for more information.

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By Alison Benedict
Tribal Ethics Officer

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Tips for the Gardener

While searching for topics to spark my interest, I found these tips from the Farmer’s Almanac online at http://www.almanac.com/gardening/jobs/February.

- If your house plant seems to be droopy, remove the top ¼ of the soil and add new fresh soil
- Shop early for your seeds from the catalogs and garden stores
- If you keep seeds from last year, put ten seeds in between damp paper towels and put in a dark place. Keep the paper towels damp and check the germination rate. This will determine how many seeds to use for your real garden
- Spread hardwood ashes around your lilac trees to help them grow. Also put them around berries and fruit trees
- When pruning your fruit trees, fruit will grow on horizontal branches rather than the vertical ones. So try and train some branches to grow horizontal by weighing them down

- Place a barrel or other covering over your rhubarb plants to speed up the spring crop
- Start your onions from seeds early so that they will be ready to plant in the spring
- Re-pot some of your house plants
- You can start some of your seeds in cardboard egg containers. Make sure to plant the biggest seeds first and label your containers.

For more information contact Julia Jacobs, Environmental Outreach Educator at 518-358-5937.
1. Introductions:
   • Welcome
   • Reading of Action Items - Tribal Clerk
2. Plan of Action for Drug Taskforce
3. Re-Licensing of Hogansburg Dam - Tony David
4. Diabetes Center of Excellence - Janine Rourke
5. Common Lands
6. New Business
7. Reading of Action Items - Tribal Clerk
8. Adjournment

Action Items from February meeting:
• Have the Police Commission meet with Mark Light to resolve his issue and advise Council of the outcome.
• Provide a history of the common lands.
• Hold a special meeting on the Mohawk Anti-Tax Steering Committee to discuss the restricted fund.

Follow-up from January Action Items:
1. Chief Randy Hart look at the policing policy to determine procedures to follow regarding Mark Light’s issue.
   Follow-up: Chief Hart has done preliminary research and what he has found so far indicates that police policy can be made and amended by Tribal Council Resolution.
2. Have the Let’s Get Healthy & Healthy Heart Program to the February Tribal meeting to answers questions and address issues of concern.
   Follow-up: Janine Rourke, Program Director for the Let’s Get Healthy & the Heart Healthy Program will be in attendance at the February 2011 Tribal meeting to address the Diabetes Center of Excellence.
3. Discuss the possibility of scheduling a meeting with Finance to discuss questions raised on buildings maintained by the Tribe.
   Follow-Up: Council will be requesting that Administration and Finance put together information on all tribally maintained buildings and costs associated with their upkeep.
4. Schedule a meeting to discuss options for bulk food at the First American’s IGA.
   Follow-up: The issue has been forwarded to the Secretary for the IGA LLC for discussion at their next meeting.
5. Provide a plan of action to address the conglomeration of Tribal history.
   Follow-up: Council is working towards putting a strategic plan together regarding the Akwesasne Mohawk history. This plan may be presented at the March Tribal meeting.
6. Chief Randy Hart will research the validity of the agreement between the Akwesasne Mohawk Casino and National Grid and will report his findings at the February 2011 Tribal meeting.
   Follow-up: Chief Hart will make a presentation on his findings at the February Tribal meeting.
7. Hold a meeting on land claim alternatives and include Chief Judge Herne.
   Follow-up: The meeting was held on Monday, January 10, 2011.
8. Examine the possibility of putting a Tim Horton’s at the First American’s IGA.
   Follow-up: This item has been forwarded to the Secretary for the IGA LLC to be discussed at their next meeting.
9. Provide an update on the hunting and fishing permit for non-natives to fish and hunt on the territory.
   Follow-up: Compliance will be hosting community meetings to discuss the hunting and fishing permits for non-Natives on the territory.
10. Request a large gathering permit from Compliance for the meeting at the Fort Covington Court on Tuesday, January 11th at 6 p.m.
    Follow-up: A large gathering permit for Tuesday’s meeting in Fort Covington wasn’t required.
Erie Boulevard Hydro Power (Brookfield Renewable Power) holds the Hogansburg project license (P-7815) issued by the Federal Energy Regulatory Commission or FERC. This license expires in September of 2015. The dam was built in 1930 and produces less than 0.5 megawatts of power.

The Environment Division is seeking the comments of tribal members on the re-licensing process. The Tribe needs community member input to set goals for a range of activities including recreation, water quality, fish restoration and other issues.

A series of public meetings is being scheduled. The first meeting will be held on Wednesday, March 9, 2011 at 6:00 pm in the lobby of the Community Building. Please contact Tony David, Program Manager of Water Resources at the Environment Division Office by phone, 518-358-5937 ext 112 or email Tony.David@srmt-nsn.gov if you would like to participate or need additional information. ✪